FORMULATIONS



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FORMULA 01-1090

Beet Burgers

with BenecelTM A4M modified cellulose

This vegan burger formula uses beets and jackfruit as its base. The addition of beets provides color to mimic medium-rare beef. Textured soy protein and jackfruit add texture that resembles meat. Benecel modified cellulose makes the burgers firm and cohesive, providing easier handling and a more pleasing mouthfeel on consumption.

Ingredients	Weight %
Unflavored jackfruit	59.52
Beets, canned, drained	29.76
ADM Arcon [®] T U-172 textured soy protein	3.57
Panko breadcrumbs	2.68
Nutritional yeast	0.89
Firmenich vegan hamburger flavor #868766	2.01
Liquid smoke flavor	0.45
Benecel™ A4M modified cellulose	1.12
Total	100

Procedure

- 1. Shred jackfruit with forks. In a pot, boil water, add salt and jackfruit, cook for 15 minutes while continuing to boil.
- 2. In a food processor, add drained beets and cooked, drained jackfruit. Pulse several times until coarsely chopped.
- 3. Combine textured soy protein, breadcrumbs, nutritional yeast, hamburger flavor, and modified cellulose.
- 4. Add liquid smoke and dry mixture to processed jackfruit and beets in a bowl. Mix by hand until well combined.
- 5. Allow to sit at room temperature for 5 minutes.
- 6. Form 55 g of mixture into burger shape. Store in the refrigerator for 1 hour.
- 7. Prepare frying pan with light coating of oil. Cook for 8 minutes until golden brown on both sides. Flip once during cooking.